

How to let go of Clutter

Work, Accomplishments, Chores	Family, Relationships, Public Life
Privacy, Relaxation	Storage

Put each room in one of the above categories for its premier, irreplaceable function
 Give each room a number of 1-10: 1 = Easiest to Clean - 10 = Hardest to clean

Then start with EASIEST

Throw out: Trash, paperclips, anything broken or outdated, anything you have multiple of that don't work equally well (keep the best), anything that came in unsolicited

Try on all your clothes! you'll easily see what needs to go.

If you have to store it in plastic bins, either buy a proper container or let it go!

Only exception: the actual storage rooms!

Look for conflict areas in your life and follow the above rules for throwing stuff out and your conflicts will change or even be resolved

Laugh! Have fun! Allow yourself to be amazed, stunned amused.

This can be an incredible journey

And cherish the wonderful things that are hidden within the clutter that make you feel amazing

You deserve the BEST!

See you on the webinar Today!